

# EXPLORE CUMBERLAND

nova scotia

Cumberland Region, Nova Scotia

Picture yourself here!



Historic downtown Amherst



Springhill Miners' Museum



Joggins Fossil Cliffs



Thinkers Lodge National Historic Site



Beaubassin National Historic Site



Cape Chignecto Provincial Park



- high tides
- beach days
- lobster feasts
- lighthouses
- waterfall hikes
- winery tours
- galleries
- museums

Did you know this area has the warmest ocean water in Nova Scotia? Look for the beach umbrella symbols for public beaches and ocean parks.

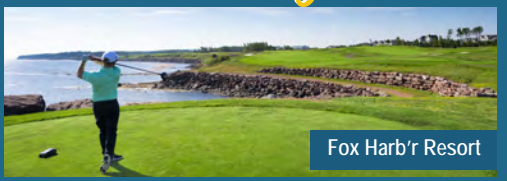


Jost Vineyard

Every lighthouse is one-of-a-kind. Look for the red & white lighthouse symbols on this map to find them all!

## 12 amazing day trips in the Cumberland Region

- 1 Beaubassin and Fort Lawrence National Historic Sites boast walking trails, a large shelter with picnic tables and a great view of the Cumberland Basin.
- 2 Explore the Tidnish Bridge Provincial Park, grab an ice cream at the Tidnish Scoop Shack, then take a short hike to the suspension bridge along the Henry Ketchum Trail.
- 3 Visit the Pugwash Farmer's Market, tour the Horton Gallery and see where history happened at the Thinkers Lodge National Historic Site.
- 4 Tee off at Northumberland Links or treat yourself to a golf, spa and lunch day at the posh Fox Harb'r Resort.



Fox Harb'r Resort

- 5 Walk along the wide, sandy beach at Blue Sea Beach Provincial Park, pick up fresh oysters at Bay Enterprises Limited and end the day enjoying a glass of wine at Jost Vineyards or a cider at Vista Bella Farm.
- 6 Wentworth Bike Park is Nova Scotia's only lift-accessible downhill mountain bike park, featuring 30 km of trails! During the winter, Ski Wentworth is home to 23 downhill ski trails, groomed cross-country ski trails and snowshoeing.

- 7 Drop in to the Capitol Theatre for toe-tapping Friday evening jam sessions, shop at the retro GJDE Enterprises Ltd. gift shop and snap a selfie with the big blueberry.
- 8 Tour the depths of a real coal mine at the Springhill Miners' Museum and visit the Anne Murray Centre to learn about the life and times of the beloved singer.
- 9 Get up close to 300-million-year-old fossils by the dramatic shores at Joggins Fossil Cliffs UNESCO World Heritage site and visit the Joggins Fossil Centre.

Spirit Reins Ranch



- 10 Plan a sea kayak on the Cliffs of Fundy UNESCO Global Geopark with NovaShore Adventures or a fat bike ride with Local Guy Adventures then enjoy a gourmet dinner at Wild Caraway.
- 11 An incredible panoramic view and dramatic cliffs await at Cape d'Or, where the Bay of Fundy tides surge through the Minas Channel and into the Minas Basin.
- 12 See some of the world's oldest dinosaur fossils at the Fundy Geological Museum. Book a tour with Tide Rollers and Mudlarkers then stop in for a cold one at Two Islands Brewery or take in a live show at Ship's Company Theatre.



Cape d'Or



Visitor Guide

explorecumberland.ca

# 10 amazing THINGS TO DO IN AMHERST

## 1 Dayle's Grand Market

**129 Victoria St.**  
A local hub offering fresh, handmade goods, unique crafts, and fashion. It's the perfect spot to explore the flavors and creativity of Amherst.

## 2 Walk the Marsh Trail

**Trailhead at the end of Derby St.**  
This flat gravel path runs along the edge of the Tantramar Marsh. It's a quiet, easy walk with wide-open views. Ideal for nature lovers, photographers, and peaceful sunset strolls.

## 3 Family Fun at Dickey Park

**132 East Pleasant Street**  
With a splash pad, playground, walking loop, wide green space, and a fenced-in dog park, this community park is a favorite for families and pet owners.

## 4 Explore Historic Downtown Downtown Amherst

Admire Victorian architecture, browse local shops, snap a photo by a mural, and enjoy a bite at one of Amherst's cozy cafés or restaurants.

## 5 Visit the Cumberland County Museum

**43 Victoria Street**  
Housed in the historic Grove Cottage, this museum highlights Mi'kmaq, Acadian, and settler history with fascinating exhibits, artifacts, and local stories.

## 6 Birdwatch at Amherst Point Migratory Bird Sanctuary

**946 Southampton Road**  
Located just minutes from town, this national wildlife area offers about 8 km of marsh and forest trails and is home to over 200 bird species.

## 7 Visit Amherst Stadium & Outdoor Skate Park

**77 Church Street**  
Watch a Ramblers hockey game, enjoy public skating in winter, or visit the adjacent skate park. It's great for youth on boards, scooters, and bikes.

## 8 Visit the Amherst Farmers' Market

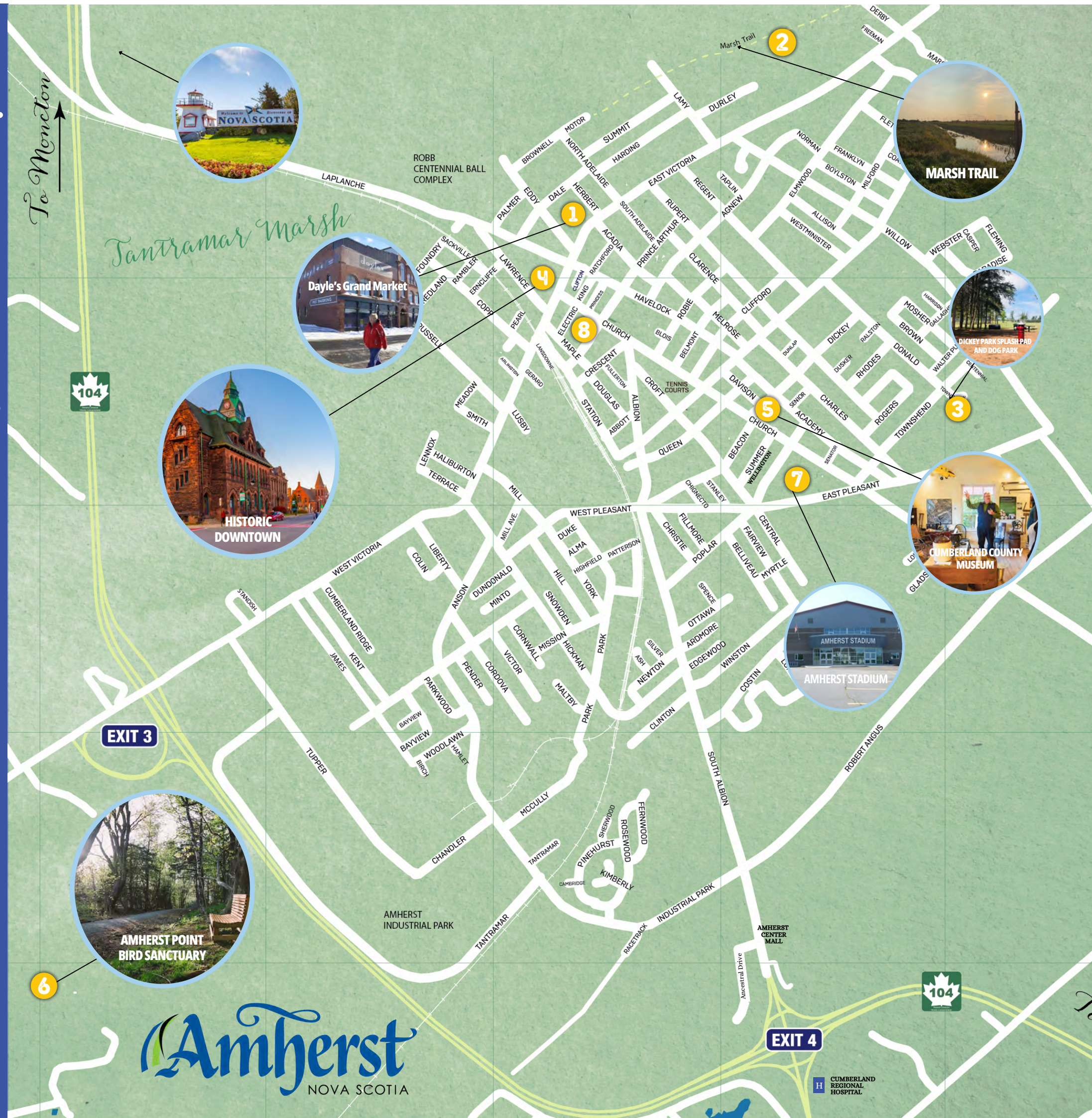
**9 Electric St.**  
Fridays, 9:00 AM – 1:30 PM (May to December) the local market full of local flavour. Featuring produce, preserves, baked goods, handmade items, and more!

## 9 Take a Beach Day Just 25 Minutes Away

Amherst is just a short drive from Northport Beach, Heather Beach, and Tidnish Shore—offering some of Nova Scotia's warmest saltwater and great spots for swimming, picnicking, or relaxing in the sun.

## 10 Golf at Amherst Golf Club (and Condors Lounge)

**Just A Few Minutes Away**  
**487 John Black Road**  
Tee off on the 18-hole outdoor course in the warmer months, or enjoy indoor virtual golf year-round at Condors Lounge, located in the same clubhouse, with snacks and drinks available.



**Amherst**  
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